Balatka Baily News

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LEARN TO PLAY

This is a tense age. Life is pitchment is strung taut and under this tension the strings break easily.

There is small relief from stress and strain in the life of the average has done for him whether he is a man adult. His neck is in the collar and or just an ex-convict. the harness creaks in irritating fashion as he pulls his heavy load.

Then when the day's tasks are done, to what do overwrought peo- it can't be said that he went in withple turn for diversion? Do they re-Sometimes: more frequently though, they engage in some form their physical, mental and nervous tension. They do not know how to relax, how to let down. And-

Unless one "lets down" one is quite certain to "blow up." The explosion is likely to ensue inside the domestic portals or among one's fellow workers in the factory, the office, the Misunderstandings follow; friends are lost,

few

And how might people "let down' without "blowing up?" One said he did relax, that he went to the movies and baseball games, theaters, and similar exciting events. He engaged in vicarious exercise, passive amuse ment, sterilized recreation. may have helped some. But it was not the best form of relaxation because the man did not let go, did not express himself, did not use his imagination, and did not play.

game. They do not play nor do not know how to play. Or, if they do original installation of moonshine. know, they are too dignified. Some people maintain a kind of rigid, unbending dignity even when engaged in dancing. They are the kind who know not the ineffable joy of donning old clothes and going into the woods, where one may whoop and sing and cavert without fear of being mistaken, in these days of supersolemnity, for a harmless halfwit. Too much dignity and selfrestraint have spoiled many an otherwise perfectly good human being.

Learn to play! It's nature's greatest safety valuve.

Happy invigorating play is a human laugh and sing, to whistle and dance, for Abel. is natural It promotes perpetual youth when one "obeys that impulse". It the medical men's way of expressing youth. One of these prophets of gladness phrases it thus: "A man is young because he plays." A man doestn't play because he is young; he is the product of his own actions. The old man who sits down after dinner, groutchy because he makes a noise, has already "passed on". He ought to be Oslerized. He ought to be down cheaper to run 'em inland where the among the 1012 that enjoyed the prion the floor playing with the children, playing like them, adding to the noise,

Playing the games of men and women is good. Playing the childrens games and in childrens ways is still better. Golf and tennis are beneficial One-old-cat, hop-scotch, duck-on-a rock, tag, run-sheep-run, even plain running and jumping, are even more beneficial. Nobody should be too

"grown-up" to play in that fashion. Play like a child and stay like a child-in youthfulness of body at least. Doff the old man and old woman mentality for a while each day and indulge in simple, innocent pastimes, the child, with children if possible. You will not only think young; you will be and stay young. Start to day. "Obey that impulse". Ponce de Leon was a fool. He looked in the wrong place for the "fountain of youth.

The garment that reveals most is a divorce suit.

France hopes Heinie's promise is the last lyin' of defense.

Every married woman will agree that the man is the bonehead of the

If the sire speaks with a bit of brogue, the son never bets on the English flag.

If Uncle Sam does join the League,

PRISON NEWSPAPER SAYS SHAM IS SERVING NO PART AMONG CONVICTS

publication of a prison newspaper-The Messenger-with the "Golden from the 'scrap heap' by simply rec-Rule" as its motton, published and ed- ognizing him as a man, instead of ited by the prisoners at the South withholding from him the chance to Dakota penitentiary here is the latest make good, which is his birthright. plan of warden, George Jameson, to "make men, rather than ex-convicts out of inmates."

H. O. Prince of North Carolina, who is serving a term for check forwhich is issued monthly. An editorial in the paper says:

When a man is sent to prison, he socially dead. He is, however, still a man, capable of the likes and dislikes in the same way as those outside. He will respond as quickly as anyone to the treatment he receives, whether that treatment is for his interest or against it. The frills, shams and false pride and the thousands of other little arts of deceit are struck away in prison. His character ed in a high key. The human instru- is bared, ready for the work of development to go forward or backward When a man leaves prison it depends largely upon what prison treatment

> "Our mission is to represent the man inside, in having justice done; to

Heinie couldn't love honorable of amusement that merely aggravates pledges so much if he didn't love the Ruhr more.

> Woman's head is on the dollar, but she will never be satisfied until she gets her hand on it-

Haywood seems in full accord with the government's desire to keep out undesirables.

Now that the stuff is hard to get, and peace. a straight line is the shortest distance between two points.

The man who tries to dodge his debts considers efforts to make him pay proof of vulgarity.

Disarmament may not uplift our to strengthen our backs.

There won't be a wave of prosperi ty until all of us are willing to waive a few of ser too bad there was no "dry" there to protest against the

Depression has its bright side. They a filler for a ham sadwich.

Poland has adopted a give-and-take policy-give the Allies the horse laugh

The chief objection to civil service is that it requires rather uncivil treatment of faithful party men.

The task of raising children is great- HUENFELD WINS FOR JAYS, ly simplified if you begin by providing them the right kind of parents,

Cain wouldn't concede that he held necessity. Man had always possessed a mandate for his brother. But the the play inclination. The desire to result was just about as disasterous

Ireland complains that she is ofthe arteries elastic, which is fered the form of liberty without the 2 to 1. Two men were out and two substance Well, the American plan is hard to beat.

> One reason for the divorce evil is the great number of people who can't distinguish between love and a spirit of adventure.

With the cost of protecting battle- latka Library and during the month ships mounting yearly, wouldn't it be there were 1002 visitors? Were you sturdy yoeman can defend them?

Sioux Falls, S. D., May 31-The help the world to realize that much valuable manhood can be reclaimed

"If, therefore, we can help the man inside to get, regain or keep character; help him to see how to be a suc cess and help in doing away with the social prejudice and ostracism which gery is editor of the publication, a prisoner meets after he has been released, we shall not have worked in

. . * THE FORUM

Legion Regrets Apathy

Editor News: Will you kindly permit us space

in your paper to remind, in kindly of the American Legion, who would ments. "bear the torch", feel sure that many resentative attendance at the memorial exercises held last Sunday afternoon, but this does not lesson the very keen disapointment of thos who would keep ever green the mem ry of those who made the supreme sacrifice.

What hopy fireside our patrio. left for the cheerless camp; with what pacific habits they dared the parils of the field; there was no mys tery, no romance, no madness under vas all resolute, ne ; resistanceer, but of all the force of long-rooted 305 P. O. Palatka, Fla. habits, and the native love of order ORANGE TREES AND

It is but justice to assign great merit to the temper of those citizes time to plant now. Drive over, sedered without restraint, and the de- what you want. rangecent of their affairs submitted to Phone No. 2003 without dissatisfaction; it was the triumph of patriotism over personsouls, but it will at least enable us al considerations; and our present enjoyments of peace and freedom re ward the sacrifice.

And still greater in demand upon our sternal gratitude is the memory, and we hope that last Sunday's scene, Children's hair cutting. 214 lacking in a spontaneous outpouring of a citizenship's gratefulness will never be presented in Palatka again. Less than a hundred attended to pay stairsno longer use colored tissue paper as tribute to those who did not return from "somewhere in France", and were we to judge our cause by this indifference it would have been better, indeed, that we did not draw the sword and call upon patriots to bear the cause of a nation which so soon would forget.

Bert Hodge Post No. 45

STEALING HOME IN ELEVENTH first to third on a sacrifice bunt, Out-League club, later stole home and Putnam county can get in on one of in the eleventh inning of today's game with Lakeland. The score was strikes on the batter when the winning run was made. Earlier in the game Confeld stole second while the pitcher held the ball.

Do You Know That During May ther were 1012 books and 126 magazines circulated by the Pavileges of this free institution?

"Let B. & B. DO IT."

street, a pink cameo brooch. Reward will be worth from five to seven thouif returned to News office or to Mrs. sand dollars this year, but will be 5 29-30 6 1 H. B. Windish, Carr and 14th streets.

CLASSIFIED ADS

FOR SALE-1918 Model touring car, good condition. Apply S. J. Denmark, Putnam Barber Shop.

FOR SALE-Porto Rico Potato Vines by J. G. Millican, East Palatka, Fla. Price \$1.50 per 1000. 6-1-6t. FOR RENT-Furnished room, Apply 530 Oak St.

FOR SALE-Ford Coupe, 1920 model, perfect condition, thoroughly over-hauled. Newly painted. Reason for selling, leaving city. \$350.00 cash.

WANTED-Private pupils for upspirit, the citizens of Palatka, of a per grammar and first two years high failure to "keep faith" with those school work, Apply before June 2. sleep in Flanders field"? We, Mary McLaughlin, Metcalfe Apart-

FOR RENT-Furnished light house circumstances operated against a reg- keeping rooms, both up and down 308 River St. 5-29-8t

FOR RENT-Large residence, close in, suitable for boarding and rooming house. Apply, T. J. KNIGHT, 31-6t

WANTED-By two young office men, board and room in private family, centrally located. Best of references given, Reply to "L. N." and 5-31-3t "S. R." care News.

FOR SALE-6-8 H. P. Strelinger Marine Motor, 4 cycle, make and break he name of chivalry about them; it spark; with Baldridge Reverse Gear; bronze shaft and 16 inch bronze three for conscience and liberty's sake- blade propeller, all in first class ornot merely of an overwhelming pos- der. Cash price \$100. OWNER Box

ROSE BUSHES Fill in your yard or grove. Fine whose personal services were ren- lect the trees yourself, or tell me San Mateo, Kla.

> FOR SALE-Brand new Free sewing machine. Never been used, 423 Oak St. Phone 285.

Try Putnam Barber Shop for good

street. S. J. Denmark. 5-5-tf FOR RENT-Furnished light house keeping rooms, bath up and down 308 Pine St.

FOUND-Pair of gold rim eyeglasses. Owner may have same by applying to this office and paying for May 28-tf

Home Stenography work wanted-Work called for and delivered. Dictation taken anywhere, Phone 235.

BUSINESS OPPORTUNITY One man shot another in Orlando

the other day because he was denied Jacksonville, May 31.—Going from an opportunity to join in a business enterprise that was being promoted fielder Huenfeld, of the local State by the man he shot. Some man in gave Jacksonville the winning run the cleanest cut, surest money mak-

3-9-1 ing propositions that ever knocked at worth more three or five years from his door, and get in on the ground now. Unless you can give at least job. This established business comes put up your share of the working to Palatka because of the extraordicapital, which is a very small amount

floor, if he is the right man for the half your time to the business and teenth and Carr streets and the down nary shipping facilities for the ter-town section, north side of Lemon ritory to be covered. The business Highest bank references. Address, "UNUSUAL OPPORTUNITY," Care News Office.

H. C. Cole

Manufacture the Celebrated Brands of Flour

OMEGA

The Standard Short Patent Flour All Try to Equal BUT NONE SUCCEED

WHITE RING

The Great Leader of Self-Rising Flour

All Made in the most complete, sanitary and Model Mill of America. Every Barrel Guaranteed Perfect and Uniform in Every Respect and Absolutely Without a Superior

Merryday Grocery Co.

Distributors, Palatka, Fla.

Madam, Don't Sigh When You Say

"I'll Have to be Taking Ice Soon"

Be glad that the season is approaching when the farm, the garden, the orchard and the great American hen and cow

will be working to reduce the cost of living for you. All their work, however, will count for little unless you do your part by using ice-OUR ICE.

Yes, rejoice that this ice man and this growing season are coming hand in hand to make life more pleasant and less expensive for you... We are waiting for your call.

Southern Utilties Co.

Phone 25

\$545 f. o. b. Detroit

If you are doubtful whether it will pay you to buy a Ford Truck for your farm, go to the man who owns one and ask him. Or we will come to you and will tell you what dozens of Ford Truck Owners have told us-that the Ford Truck is positively a paying proposition.

It brings the best markets to your door. the hauling problem on the farm and between the farm and the city. It does a dozen different jobs every day and stands the wear and tear of farm work under all conditions.

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This hot weather



with a

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Phone 338